



# Before & After School Programs Newsletter



Milton Community Resource Centre

## Message from Supervisor

I would like to welcome everyone back I hope you and your family had a wonderful holiday, wishing all our families a Happy and prosper 2010.

I Hope you enjoy our very first newsletter, which will be coming out on a quarterly basis.

Grace Fialho

*"To provide quality care, we must constantly promote the child as an amazing scientist, artist, and an architect who can use much of what the world has to offer."*

## Relationships and Interactions

What is most important in childhood is for children to experience caring, responsive relationships with adults. Great importance is placed on the relationship between children and childcare professional, and there should be many warm friendly interactions, in which adults show respect for children. School age children also need friendship with other children, and childcare professionals should support children in developing and maintaining a positive relationship with their peers. It is important that all children have experiences and relationships that help them feel safe, secure, and given them many opportunities to be contributing, valued members of groups.

The family is always the most important influence on a child, but if the child is in care, the experience and relationship that happen, there are also important.

By Anne Stonehouse. NCAC, Inc

I would like to introduce our School Age Team

### School Age Supervisor



Miss. Grace

### Hawthorne Village B & A



Miss. Nancy



Miss. Sarah. D

### Chris Hadfield B & A



Miss. Amna



Miss. Sarah. F

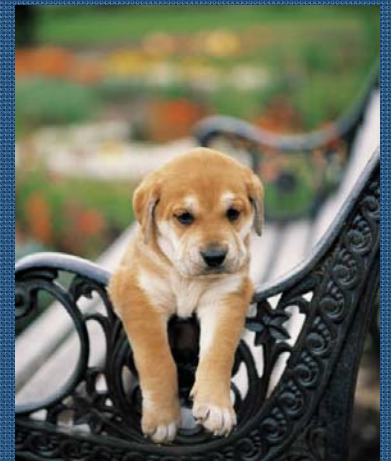


Miss. Jackie

### Campbellville After school



Miss. Tammy Miss. Linda



## CAMPBELLVILLE AFTER SCHOOL PROGRAM

During our time at Campbellville After School Program we have enjoyed a variety of activities and projects with the children. One of our most memorable was our Take-Apart project, which escalated throughout several weeks, turning into a "Put-Together" project. With this particular project, the children really enjoyed exploring screwdrivers, hammers, scissors and other tools to disassemble a toaster, TV remotes and a VHS player. We spent a lot of time talking about what we found inside the appliances and how it all worked together to do specific jobs. After the children had these appliances into many pieces, we decided to use tape, glue and other tools such as elastics to try to put it back together as our own "Put Together Town". We hope, in 2010, to have many more experiences with more projects and fun activities for the children. This will include the use of many natural materials and mosaic squares to decorate the back of our games/toy shelf to our liking as well as a variety of other plans that the children have individually for what they would like to do.

Tammy & Linda

## CHRIS HADFIELD B&A PROGRAM

Chris Hadfield B & A program is participating in the Quality First School Age model. Quality first is a community driven initiative, providing all licensed child care programs in Halton region with the opportunity to participate in a developmental model for quality improvement. Quality First, focuses on the environment, adult-child interaction, inclusion, professionalism, administration and supervision. For additional information visit [www.thrc/qualityfirst](http://www.thrc/qualityfirst) MCRC staff Miss Amna, Sarah and Jackie will be introducing new activities to the before and after school program. We will be working together to build upon the children's knowledge, interests and enhancing individual social and emotional needs. In order to achieve these goals, some additional areas of interest will be implemented for example; we will be introducing a Science Centre and Cuddly Corner into the program.

Amna, Sarah and Jackie



## HAWTHORNE VILLAGE B&A PROGRAM

Since the start of the school year Hawthorne Village children have enjoyed participating in many fun and creative games, sports and creative activities. The older children have worked on their journals in addition to the homework club and reading program. The Children demonstrated their creativity while making necklaces, bracelets and key chains, using beads and gimp. In addition to their interest in creative arts, both groups have enjoyed making bears, dogs, cell phones, cameras and even fruit using the ironing beads.

In the month of December, the children showed an interest in making yarn angels and popsicle stick ornaments. During the school age conference, Miss Elizabeth won a gift certificate for a workshop presented by Mystic Drums. Each child had their own African drum to learn about sound and rhythm, to create they own unique beat. We would like to thank Miss Elizabeth for sharing this fun prize with us. Please look at our documentation binder to view photos from this exciting workshop.

Now that the cold weather is here, we ask that you bring warm clothing and indoor shoes (storage is provided). We always accept donations, of any creative materials or gently used toys, books and games for our program.

Nancy & Sarah



## FUNDRAISING

Milton Community Resource Centre's  
2<sup>nd</sup> Annual Trivia Challenge  
Saturday, March 6, 2010  
7:30pm to 11:00pm  
Banquet Room, Milton Sports Centre  
605 Santa Maria Blvd., Milton



*A fun evening  
out for adults  
and youth over  
age 16 years.*

\$15.00 per person or \$110 per table of 8  
(each table of 8 will compete as a team)  
The price of admission includes five rounds of  
trivia, pizza and "munchies".  
Pop, water and cash bar available.

Prizes will be awarded to the first, second and  
third place teams/tables. Doors open at 7pm.

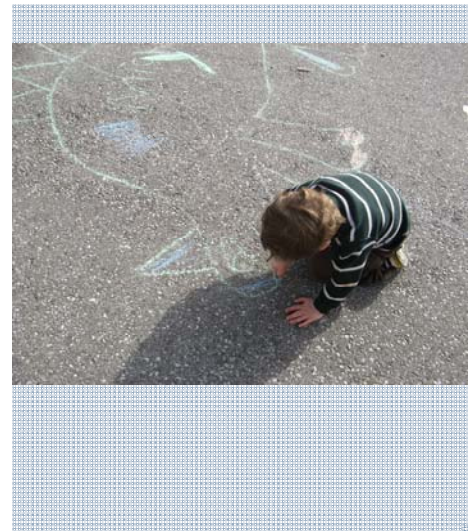
"Toonie" games, business card draw and more...

Funds raised will go towards upgrading MCRC's  
*Art at the Centre* program.



Purchase your tickets at reception at  
410 Bronte St. S. or by contacting Lee-  
Ann at 905-876-1244 ext. 16. or at  
[leeannb@mrcr.on.ca](mailto:leeannb@mrcr.on.ca). Bruce Trail  
families can purchase tickets from child care  
centre supervisor.

*Milton Community Resource Centre is a United Way funded agency.*



### MCRC Youth Dances Dates and Location

#### Location:

Milton Leisure Centre  
1100 Main St. East, Milton

#### Cost:

DJ Dance - \$8.00  
Much Music Video Dance - \$12.00

#### Times:

Doors open at 6:30pm  
Supervision ends at 9:30pm SHARP

### Dance Dates

January 29<sup>th</sup>, 2010  
Video Dance

February 26<sup>th</sup>, 2010  
Video Dance

March 26<sup>th</sup>, 2010  
Video Dance

April 30<sup>th</sup>, 2010  
D.J. Dance

May 28<sup>th</sup>, 2010  
D.J. Dance

#### For More Information:

For Dance information, please  
contact (905) - 876-1244 Ext. 20

For Parent Volunteer information,  
please contact 905- 876-1244 Ext. 16

## KEEPING ACTIVE

### Keeping Children Active During The Winter



During the winter months, with the cold weather, sometimes it is hard to find things to keep children active.

Here are a few tips:

- ❖ **Bundle up** and go outside! – If you are dressed appropriately, winter is a beautiful time of the year for a walk. Tobogganing is also a great family activity and keeps everyone active – build a snowman or a snow fort it will keep everyone moving and having fun.
- ❖ **Hit the slopes**, snowboarding, skiing with the kids can be a lot of fun. Kelso conservation has skiing, tubing, and tobogganing hills.
- ❖ **Walk the Mall!** – If it is too cold to venture outside, take the family to the mall for a long walk and it's always fun to window shop along the way - or go for a swim at an indoor pool, skating at an indoor rink, or community centre where there are many programs for families.
- ❖ **Compromise!** If you cannot convince them to go out then encourage them to do jumping jacks or sit-ups during commercials.
- ❖ **Visit a local farm** there is a lot to learn about the life changes through the season and how the animals are cared for.
- ❖ **Turn the music up** and get dancing this is a great indoor aerobic activity and lots of fun.
- ❖ **Taking up new activities** getting the kids involved in a new activities swimming lessons, organized sports, dancing classes, martial arts, gymnastics or any thing that gets them active and excited about staying active.

## Coming soon

- 📅 Spring Break Camp registration will be available the second week of February ,2010
- 📅 Registration for September 2010 school year will be available by February 19, 2010
- 📅 2009 Tax receipts will be mailed out – please be sure that we have your updated mailing address.