



Milton Community Resource Centre

Ontario Early Years (OEYC)

Family Resource (FRP)

Program Guide



410 Bronte Street South,
Milton, ON
L9T 0H8
905-876-1244
www.mcrc.on.ca

Revised September 23rd 2010

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**September
to
December
2010**

**Milton Community Resource Centre is
the Ontario Early Years Centre
for North Halton**

Ontario Early Years Centres



A Place For Parents And Their Children.

Ontario Early Years Centres are places where parents and caregivers can:

- Take part with their children in a range of programs and activities
- Get answers to questions
- Get information about programs and services that are available for young children
- Talk to early years professionals, as well as other parents and caregivers in the community

How to Register

Ontario Early Years programs have no fee for service

- Programs are for children newborn to 6 years of age
- Registration runs from 9am to 4:15 Monday to Friday and on Tuesday evenings until 6:45pm during the registration week. (not open Tues. evening in the summer)
- Parents/Caregivers wishing to sign up to attend programs must submit one lottery form per registration session.
- Program participants are randomly selected from the lottery forms and will be contacted by email first or phone
- All registrations must be in person and received by the deadline date
- Registration in certain programs may be limited to 2 sessions in a row
- Parents /Caregivers will only be contacted if they have been placed in a program.

All program or registration inquiries should be directed to our reception desk at 410 Bronte Street 905-876-1244 ext. 210

Registration dates for Ontario Early Years and Family Resource Programs

Session 1:

Programs start the week of:

September 13th to October 25th 2010

Closed Monday October 11th

Monday programs will be 6 weeks this session.

You must register between August 9th and 20th

Session 2:

Programs start the week of:

November 1st to December 13th 2010

Early Bird Registration-

Saturday October 2nd from 9am to 12pm

and the week of October 4th to 8th



Infant Programs (newborn to 12 months)

Mother Goose (7 weeks) registered

This is a 7 week program in which we encourage parents to “use the resources in themselves” to communicate and play with their children newborn to 12 months. It offers parents a refresher course on nursery rhymes, fairy tales and songs from their own childhood. Registration is by lottery.

Bi-lingual Mother Goose

Combination of the traditional Mother Goose program with the addition of French rhymes and songs.

Program Locations:

Location: 410 Bronte Street
Day and Time: Monday 11:00-12:15
Monday 1:30-2:45

Location: P. L. Robertson Public School
Day and Time: Monday 9:30-10:45

Location: Bruce Trail Early Learning and Child Care Centre
Day and Time: Tuesday 1:00-2:15

Location: Women’s Goodlife
Day and Time: Wednesday 1:30-2:45

Location: 410 Bronte Street
Day and Time: Thursday 11:00-12:15
(Bi-lingual)
Thursday 1:30-2:45



Calling New Parents (ongoing)

Calling New Parents is a weekly drop-in support group for parents with infants under 6 months of age. This program is offered by the Halton Regional Health Department and is supported by a Public Health Nurse who is available to answer questions. The group meets to talk about topics related to baby care and parenting. It is a great place to meet new friends! The program is free and you can join anytime!

Note: Topics are subject to change. Please visit www.halton.ca for current information.

For more information, please call Halton Region at 905-825-6000. Toll free: 1-866-4HALTON (1-866-442-5866)

Location: 410 Bronte Street
Day and Time: Tuesday or Thursday
1:30-3:30



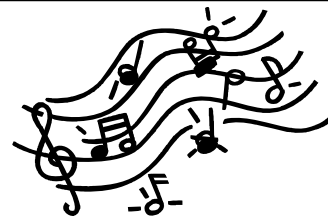
My Baby and Me (ongoing)

A “drop in” program for parents with babies, newborn to 12 months. Enjoy some adult conversation, meet other parents, make friends and enjoy an afternoon out. A fun time for baby with toys and songs.

No registration is required for this program but space is limited.

Location: 410 Bronte Street
Day and Time: Monday 2:00-3:30

Toddler Programs (12 to 30 months)
Preschool Programs (2 to 5 years)
Family Programs (newborn to 6)



Adult & Child Together Toddler

(ongoing)

Bring your little one, newborn to 30 months, for a fun filled morning of free play, creative activities and songs. Meet other parents/caregivers and their children in our small group setting.

Location: 410 Bronte Street
 Day and Time: Monday and Thursday
 9:15 to 10:30

Adult & Child Together (ongoing)

This informal, friendly drop in program is for adults and children from newborn up to the age of 6. We offer creative activities, free play, circle and stories. It is non- structured allowing you to interact with your child.

Program Locations:

Location: Campbellville Lions Hall
 Day and Time: Tuesday and Thursday
 9:30-11:30

Location: P. L. Robertson Public School
 Day and Time: Wednesday 8:45-11:15
 (starting October 6th)

Location: 410 Bronte Street
 Day and Time: Monday, Tuesday,
 Thursday and Friday
 9:15-12:00
 Monday and Wednesday
 1:30-4:00



Music &

Movement Programs

(7 weeks) registered

These are 7 week active movement and music programs that provide an opportunity for adult and child to participate together in an early learning experience. Your child will learn to build on many skills such as: listening, speaking, counting, singing, moving and participation in a group, while using equipment such as balance beams, bean bag toss, balls, hoops and our huge parachute. Registration is by lottery.

Location: 410 Bronte Street

Cruisin & Groovin (16 to 24 months)
 Day and Time: Tuesday or Thursday
 9:15 - 10:00

Toddler Jumpin & Jammin (25 to 36 months)
 Day and Time: Tuesday or Thursday
 10:15-11:15

Preschool Jumpin & Jammin (3 to 5 years)
 Day and Time: Tuesday 11:30-12:30

Child Care Provider's Corner

(ongoing)

This drop in program is designed for child care providers and the children they care for, newborn to 6 years. Come and join in the fun with songs and play time while networking with other caregivers. No registration is required but program space is limited to Caregivers only!

Location: 410 Bronte Street
 Day and Time: Wednesday 9:15-12:00

Parenting Education and Resources

Come and visit our

Parent Resource Library

This supportive resource offers a selection of books, videos, tapes and articles on a range of topics related to parenting. Parent/Child Resource Kits are also available on loan for a small charge. These bags of reusable resources allow adults to explore specific topics with children.

Parent Educators are available to assist at scheduled times.

Hours: Monday to Friday, 9:00am to 4:30pm

(Tuesday 9:00am to 7:00pm –fall to spring)

For more information call 905-876-1244, Sue at ext. 222 or Danielle at ext. 239.

Special Events

Three special topical Saturday morning sessions for **dads and their kids** (2 to 6 years old) to play and learn together. Light refreshments are included. Participate in one, two or all three sessions. Space is limited and pre-registration for each session is required.

Theme/Date:

Dad and Me—Join the Band (music and movement) - October 2nd

Dad and Me—1,2,3 (numeracy) - November 6th

Dad and Me—Building (construction) - December 4th

Time: 10:00-11:30am

Fee: Funded by a grant from FII-ON

(Father Involvement Initiative-Ontario Network)



Networking Groups

With My Baby

An 8-session networking series offering parents of infants not yet fully mobile the opportunity to get together, share and hear guest speakers address topics related to family, children and personal issues.

Start Date: September 29th (Wednesday)

Time: 10:00-11:30am

Fee: Cost covered by OEYC. Registration is required.

Registration for the above Special Events and Networking Groups are held in the Parent Resource Library.



Family Resource Program (FRP)– fee for service

Family Resource Programs are funded through a yearly grant from the United Way of Milton and program user fees.

Volunteer Action Plan- You must have your family volunteer number listed on the registration form in order to register for programs. Participants in the volunteer action plan will include families participating in MCRC's Family Resource Programs (mandatory) Ontario Early Years Centre (optional). Why? MCRC implemented our volunteer action plan in order to maintain programming levels with an ever increasing registration list and a growing community. Our funding has not increased and demands for programming have increased.

How it works... Each family fills out the contact information and will pay a \$25.00 deposit (to be renewed for programs beginning September 1st each year). Payment can be made by cheque, debit, credit card or cash. Your deposit will be available at reception three weeks after completing your volunteer time or you may choose to donate your \$25 in lieu of volunteer time.

Check the Volunteer Board located in the Lobby for Volunteer options and tasks. Tasks may include purchasing program materials or making resources. Each task is rated in time allotments towards your hours of volunteer time.

How to Register

Family Resource Programs are fee based programs and require registration.

- FRP programs are age specific and require registration
- Our programs are for children newborn to six years of age
- Registration runs from 9am to 4:15pm Monday to Friday and on Tuesday evenings until 6:45pm during the registration week. **(note: not open Tuesday evening in the summer)**
- Family Resource Programs are fee based and require a family volunteer number.
- Registration is on a **first come, first served basis.**
- Limited to registering one other family (Kids Konnection limited to one registration only)
- See **Registration dates** on page 2.

Family Resource Programs

Cancellation Policy

Refunds and change requests

A **\$25.00** administration fee is charged for all refund and change requests. Refunds are only available if requested one week prior to the start date of the session.

Session #1, refunds/changes are only available if requested before September 7th.

Session #2, refunds/changes are only available if requested before October 25th.

**All programs are located at the Main location at
410 Bronte Street unless otherwise noted.**

Infant Programs (newborn to 12 months)

Infant Massage— registered

Newborn to pre-crawling
 Infants and their caretakers learn the art of forming secure relationships through attuned communication and loving massage, which leads to lifelong developmental benefits for the body, mind and spirit of the family. Join our one hour, hands-on class, designed for you with your baby. The Infant Massage class is led by a Registered Massage Therapist.

Day and Time: Monday 1:00-2:00

Cost: \$40
 (3 week session)

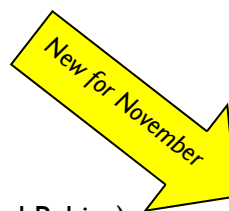


Baby Milestones-registered

2 to 6 months
 Young babies grow and develop at a rapid rate and at this stage begin to explore their world with all of their senses. Follow these exciting changes and learn simple ways that you can promote healthy development. This program will look at different areas of development and each week participants will make an activity and complete a journal page that will be part of a bound record of this special time. It will also offer you time to network with other parents of babies the same age.

Day and Time: Wednesday 1:30-2:45

Cost: \$63 (7 week session)



Mom and Baby Zumba—registered

(This is a **Zumba®** Gold low impact class for Moms and Babies)

Ages: 8 weeks +

Need to exercise but want to party, AND have a baby? Come on out and dance with us knowing your baby is in a safe place - with you! Bring your baby and dance together to the rhythms of cumbia, salsa, belly-dancing and more! Mom, get your groove back in a fun, high-calorie burning Zumba party! This program is taught by a certified Zumba Instructor.

Equipment required: running shoes (less tread the better),
 front baby carrier and lots of water!

Day and Time: Tuesday 1:00-1:45 or
 Wednesdays 10:30-11:15

Cost: \$60 (6 weeks session)
 (you may sign up for both sessions if interested)



Infant Programs (newborn to 12 months)

Toddler Programs (12 to 30 months)

Rock A Bye Babies-registered

6 to 12 months

This program will help develop your child's listening skills and sense of flow and beat through repetition. Our program introduces playful musical activities; bouncing and rocking songs, wiggle and peek-a-boo games, singing, dancing and moving. It stimulates musical interaction between child and parent/caregiver.

Day and Time: Monday 1:30-2:30
Thursday 3:30-4:30
Friday 9:30-10:30
Friday 11:00-12:00

Cost: \$58 (7 week session)
\$50 (6 week session for Session 1)

Messing Around-registered

18 to 24 months

Introduce your toddler to a preschool-type experience with fun and engaging activities. Pick up a paint brush and dip into a rainbow of colours and a world of shapes. Discover different textures while gluing unique collages and stimulate their senses through exciting experiences.

(younger siblings not yet crawling may join)

Day and Time: Wednesday 9:15-10:30
Wednesday 11:00-12:15

Cost: \$60 (7 week session)



Busy Fingers,

Busy Feet-registered

9 to 18 months

Join us for 1 ½ hours of fun and exploration through sensory and motor activities for children and their parents/caregivers.

Day and Time: Tuesday 9:30-11:00
Tuesday 1:30-3:00
Tuesday 5:45-7:00
Thursday 1:30-3:00

Cost: \$63 (7 week session)



Tale Time for

Tots- registered

18 to 30 months

It's never too early to introduce your child to books and reading! Join our fun-filled afternoon with stories, songs, rhymes and creative activities to stimulate and encourage early language and literacy skills. Parents/caregivers will learn how to inspire a love of literacy in their children.

(younger siblings not yet crawling may join)

Day and Time: Monday 3:30-4:30

Cost: \$58 (7 week session)

\$50 (6 week session for Session 1)

Toddler Programs (12 to 30 months) Preschool Programs (2 to 5 years)

Cooking up a Story-registered

2 to 3 years

Join us for weekly theme stories complemented by preparing a recipe. We will summarize each book, followed by a related activity, experiment or art project. Children will love hearing stories and eating recipes that correspond to the weekly story theme. The best of all worlds-reading, exploring with food and eating!
(younger siblings not yet crawling may attend)

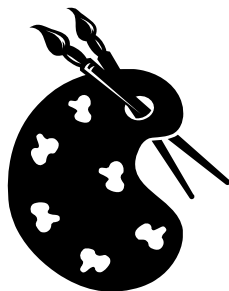
Day and Time: Tuesday 9:30-11:00
Thursday 9:30-11:00
Cost: \$74 (7 week session)

Art Smart-registered

2-4 years

Inspired by the masters, children with their parents will work with various media to create work inspired by the great masters such as; Van Gogh, Monet, Cezanne, Picasso, Pollok, as well as Canadian and local artists such as the Group of Seven. This class is led by Sharon, our "Atelierista" (Artist at the Centre).
(younger siblings not yet crawling may attend)

Day and Time: Friday 2:00-3:30
Cost: \$74 (7 week session)



Mini Monets-registered

2 ½ to 4 years on their own!

During our time in the Art Studio, students will explore three of the main areas of artistic exploration - drawing, painting and sculpture. Each Mini Monet will leave the seven week program with a palette, a paintbrush and a better understanding of line, colour, shape, form and proportion. This class is led by Sharon, our "Atelierista" (Artist at the Centre).

Day and Time: Wednesday 9:30-10:30
Cost: \$74 (7 week session)
Limited to 6 children

French For Young Children-registered

2 ½ to 5 years

A program for families who are curious and interested in learning French as a second language. Children with their parents will enjoy this blend of educational free play and guided learning while learning French basics.

Les enfants aimeront cet agencement de jeu libre éducatif et cet apprentissage dirigé du français élémentaire. De 2.5 à 5 ans. Les enfants et leurs parents sont bienvenus.

(younger siblings not yet crawling may join)
This class is led by a Francophone RECE Teacher.

Day and Time: Monday 11:00-12:00
Cost: \$70 (7 week session)
\$60 (6 week session for Session 1)

Toddler Programs (12 to 30 months)

Preschool Programs (2 to 6 years)

Kids Konnection-registered

2 to 6 years

Need some time for you? Our special program offers parents and caregivers time for themselves while their children have fun with our qualified staff creating crafts, painting and singing songs.

Day and Time: Tuesday 1:30-3:00 or
Friday 9:15-11:45

Cost: Tues \$10 per child/day
Fri \$17 per child/day

Choose 1 day or all 7.

Discover Together-registered

2 to 6 years (younger sibling can come too!)

Join us for 12 weeks of exciting activities such as: creative, science, math and early literacy involving stories, songs and active movement.

This small structured group experience encourages quality adult and child interaction in an age-appropriate, child-focused environment that enhances and promotes healthy child development.

Day and Time: Wednesday 9:15-11:15 or
Wednesday 1:00-3:00

Cost: \$110 child ages 2 to 6
(12 week session)

Session 1: September 15th to December 1st

Session 2: December 8th to March 9th 2011



Yogi ABC-registered

3 to 5 years on their own!

An introduction to yoga, adapted for pre-school children . Children will learn to focus and relax as well as become familiar with new vocabulary and concepts by integrating oral storytelling and yoga. It develops body awareness, language, good listening skills and inspires their imagination. They will learn through playing, singing, moving and imitating.



Day and Time: Tuesday 4:00-5:00

Cost: \$63 (7 week session)



Shimmy & Shake-registered

3 to 5 years on their own!

Fun -filled session of music and energetic movement. Children learn songs, games and activities to encourage creative movement.

Day and Time: Thursday 11:30-12:30

Cost: \$63 (7 week session)

Morning		Monday	Tuesday	Wednesday	Thursday	Friday
Main location—410 Bronte Street	Timberlea Room	Adult & Child -Toddler Newborn to 30 months 9:15-10:30 French For Young Children® 2 1/2 to 5 years 11:00-12:00	Busy Fingers, Busy Feet® 9 to 18 months 9:30-11:00	Messing Around® 18 to 24 months 9:15-10:30 or 11:00-12:15	Adult & Child -Toddler Newborn to 30 months 9:15-10:30 Bi-lingual Mother Goose® Newborn to 12 months 11:00-12:15	Rock A Bye Babies® 6 to 12 months 9:30-10:30 or 11:00-12:00
	Dorset Park Room	Adult & Child Together Newborn to 6 years 9:15-12:00	Adult & Child Together Newborn to 6 years 9:15-12:00	Child Care Provider's Corner Newborn to 6 years 9:15-12:00	Adult & Child Together Newborn to 6 years 9:15-12:00	Adult & Child Together Newborn to 6 years 9:15-12:00
	Hawthorne Room		Cooking Up A Story® 2 to 3 years 9:30-11:00	Discover Together® 2 to 6 years 9:15-11:15	Cooking Up A Story® 2 to 3 years 9:30-11:00	Kids Kconnection® 2 to 6 years 9:15-11:45
	Bronte Room	Mother Goose® Newborn to 12 months 11:00-12:15	Cruisin & Groovin® 16 to 24 months 9:15-10:00 Toddler Jumpin & Jammin® 25 to 36 months 10:15-11:15 Preschool Jumpin & Jammin® 3 to 5 years 11:30-12:30	Mom & Baby Zumba® 8 weeks and up 10:30-11:15	Cruisin & Groovin® 16 to 24 months 9:15-10:00 Toddler Jumpin & Jammin® 25 to 36 months 10:15-11:15 Shimmy & Shake® 3 to 5 years on their own 11:30-12:30	
	Art Studio			Mini Monets® 2 1/2 to 4 years on their own 9:30-10:30		
Satellite locations -Campbellville -P. L. Robertson Public School	Mother Goose® Newborn to 12 months 9:30-10:45 (P. L. Robertson)	Adult & Child Together Newborn to 6 years 9:30-11:30 (Campbellville)	Adult & Child Together Newborn to 6 years 8:45-11:15 (P. L. Robertson) Starting October 6th	Adult & Child Together Newborn to 6 years 9:30-11:30 (Campbellville)		
Main location	Afternoon Timberlea Room	Infant Massage® Newborn to pre-crawling 1:00-2:00 My Baby & Me Newborn to 12 months 2:00-3:30	Busy Fingers, Busy Feet® 9 to 18 months 1:30-3:00	Baby Milestones® 2 to 6 months 1:30-2:45	Busy Fingers, Busy Feet® 9 to 18 months 1:30-3:00	
	Dorset Park Room	Adult & Child Together Newborn to 6 years 1:30-4:00	Calling New Parents Infants under 6 months 1:30-3:30 for schedule of topics: www.halton.ca	Adult & Child Together Newborn to 6 years 1:30-4:00	Calling New Parents Infants under 6 months 1:30-3:30 For schedule of topics: www.halton.ca	
	Hawthorne Room	Rock A Bye Babies® 6 to 12 months 1:30-2:30 Tale Time for Tots® 18 to 30 months 3:30-4:30	Kids Kconnection® 2 to 6 years 1:30-3:00 Yogi ABC® 3 to 5 years on their own 4:00-5:00	Discover Together® 2 to 6 years 1:00-3:00	Mother Goose® Newborn to 12 months 1:30-2:45 Rock A Bye Babies® 6 to 12 months 3:30-4:30	Art Smart® 2 to 4 years 2:00-3:30
	Boehmer Room Bronte Room	Mother Goose® Newborn to 12 months 1:30-2:45	Mom & Baby Zumba® 8 weeks and up 1:00-1:45		Ontario Early Years Programs are indicated in blue and have no fee. All bolded areas are Drop In programs and no registration is required. ® Registration is required for lottery	
	Satellite location -Women's Goodlife -Bruce Trail ELCC		Mother Goose® Newborn to 12 months 1:00-2:15 (Bruce Trail ELCC)	Mother Goose® Newborn to 12 months 1:30-2:45(Women's Goodlife)		
Main	Evening Timberlea Room		Busy Fingers, Busy Feet® 9 to 18 months 5:45-7:00	Family Resource Programs, indicated in black, have a fee and require ® registration and family volunteer #.		

Locations

Main Location:

410 Bronte Street South
Milton, ON
L9T 0H8
905-876-1244 ext. 210
Fax: 905-876-1273
www.mcrc.on.ca



Satellite locations:

Campbellville Lions Hall

42 Main Street South
Campbellville, ON

P. L. Robertson Public School

840 Scott Blvd.
Milton, ON
(park and enter on south side of school)

Outreach locations:

Bruce Trail Early Learning and Child Care Centre

1199 Costigan Rd
In the Bruce Trail Public School
Milton, ON

Women's Goodlife

820 Main Street
Milton, ON
(upstairs in the Loblaws Superstore)

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Inclement Weather & Closures:
Ontario Early Years/Family Resource Programs will close if the **Halton District School Board** closes the schools in the area due to weather conditions. You can check their website for up-to-date information at www.hdsb.ca, listen to your local radio station or watch CHCH television station. We will leave a message after 8 am at our reception at: 905-876-1244 ext. 210

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For more information about Ontario Early Years Programs in the Georgetown and Acton area call: 905-873-2960



Move More, Milton!

Be active, more often