



Milton Community Resource Centre

Ontario Early Years (OEYC)

Family Resource (FRP)

Program Guide



Created in Discover Together

410 Bronte Street South
Milton, ON
L9T 0H8
905-876-1244

Table of Contents

OEYC-How to Register	2
OEYC-Infant Programs	3
OEYC-Toddler & Preschool Programs	4
OEYC-Parenting Education and Resources	5
FRP-How to Register	6
FRP-Infant Programs	7
FRP-Infant & Toddler Programs	8
FRP-Toddler & Preschool Programs	9
FRP-Toddler & Preschool Programs	10
Schedule	11
Locations	12

**January 30th
To
May 4th
2012**



In an effort to be environmentally friendly, we ask that you take only 1 paper copy of this guide and / or refer to our website for information



Ontario Early Years Centres



A Place For Parents And Their Children.

Ontario Early Years Centres are places where parents and caregivers can:

- Take part with their children in a range of programs and activities
- Get answers to questions
- Get information about programs and services that are available for young children
- Talk to early years professionals, as well as other parents and caregivers in the community

Milton Community Resource Centre is the **Ontario Early Years Centre for North Halton**

How to Register For Ontario Early Years Programs

Ontario Early Years programs have no fee for service

- Programs are for children newborn to 6 years of age.
- Registration runs from 9:00 am to 4:15pm Monday to Friday and on Tuesday evenings until 6:45pm during the registration week. (not open Tues. evening in the summer).
- Parents/Caregivers wishing to sign up to attend programs must submit only one lottery form per registration session.
- Program participants are randomly selected from the lottery forms and will be contacted by email first then phone.
- Registration forms for OEYC programs will be available on our website under *Early Years, Guide and Schedule*, as of the **Early Bird Registration Date** and can be emailed in once registration has started.
- All registrations must be received by the deadline date.
- Registration in certain programs may be limited to 2 sessions in a row.
- Parents /Caregivers will only be contacted if they have been placed in a program.

All program or registration inquiries should be directed to our reception desk at 410 Bronte Street



Registration dates for Ontario Early Years and Family Resource Programs

Session 4:

Programs start the week of:
March 5th

Early Bird Registration-

Saturday February 4th from 9am to noon and continuing February 6th to February 10th

Session 5:

Programs start the week of:
May 7th

Early Bird Registration-

Saturday March 31st from 9am to noon and continuing April 2nd to 6th

Centre Closures:

February 20th (Family Day)
March 12th-March 16th (March Break)
April 6th and 9th (Easter)
May 21st (Victoria Day)

Infant Programs (newborn to 12 months)

Mother Goose (7 /8 weeks) registered

This is a 7/8 week program in which we encourage parents to “use the resources in themselves” to communicate and play with their children newborn to 12 months. It offers parents a refresher course on nursery rhymes, fairy tales and songs from their own childhood.



Day	Location	Time
Monday	Lumen Christi Catholic School, 841 Savoline Blvd.	9:15 -10:30
Monday	410 Bronte St South	1:30 -2:45
Tuesday	Bruce Trail Early learning and Child Care Centre	1:00 - 2:15
Thursday	410 Bronte St South	9:00 - 10:15 3:00 - 4:15
Friday	Premier Fitness, 1117 Maple Ave.	1:00-2:15

Calling New Parents (ongoing)

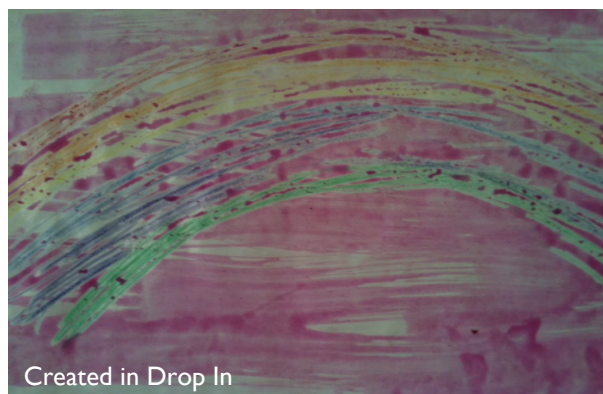
Calling New Parents is a weekly drop-in support group for parents with infants under 6 months of age. This program is offered by the Halton Regional Health Department and is supported by a Public Health Nurse who is available to answer questions. The group meets to talk about topics related to baby care and parenting. It is a great place to meet new friends! The program is free and you can join anytime!

Note: Topics are subject to change. Please visit www.halton.ca for current information.

For more information, please call Halton Region at 905-825-6000. Toll free: 1-866-4HALTON (1-866-442-5866)



Day	Location	Time
Tuesday	410 Bronte St	1:30-3:30
Thursday	410 Bronte St	1:30-3:30



My Baby and Me (ongoing)

A “drop in” program for parents with babies, newborn to 12 months.

Enjoy some adult conversation, meet other parents, make friends and enjoy an afternoon out. A fun time for baby with toys and songs. No registration is required for this program but space is limited.

Day	Location	Time
Monday	410 Bronte St	2:30 –3:30

Toddler Programs (12 to 30 months) Preschool Programs (2 to 5 years) Family Programs (newborn to 6 years)

Adult & Child Together Toddler

(ongoing Drop In)

Bring your little one, newborn to 30 months, for a fun filled morning of free play, creative activities and songs. Meet other parents/caregivers and their children in our small group setting.

Day	Location	Time
Monday	410 Bronte St	9:15-10:30 1:15-2:30

Music & Movement Programs

(7/8 weeks) registered

These are 7 /8 week active movement and music programs that provide an opportunity for adult and child to participate together in an early learning experience. Your child will learn to build on many skills such as: listening, speaking, counting, singing, moving and participation in a group, while using equipment such as balance beams, bean bag toss, balls, hoops and our huge parachute. Registration is by lottery.

Location All Music and Movement programs are at 410 Bronte St South.

Cruisin & Groovin Tuesday 9:15-10:00
(16 to 24 months) or Thursday

Toddler Jumpin & Jammin Tuesday 10:15-11:15
(25 to 36 months) or Thursday

Preschool Jumpin & Jammin Tuesday 11:30-12:30
(3 to 5 years)

Adult & Child Together

(ongoing Drop In)

This informal, friendly drop in program is for adults and children from newborn up to the age of 6. We offer creative activities, free play, circle and stories. It is non-structured allowing you to interact with your child.

Day	Location	Time
Monday	410 Bronte St	9:15-12:00 1:30-4:00
Tuesday	410 Bronte St	9:15-12:00
Wednesday	410 Bronte St	1:30-4:00
Thursday	410 Bronte St	9:15-12:00
Friday	410 Bronte St	9:15-12:00
Tuesday	Campbellville Lions Hall	9:30-11:30
Thursday	Campbellville Lions Hall	9:30-11:30

Child Care Providers' Corner

(ongoing)

This drop in program is designed for child care providers and the children they care for, newborn to 6 years. Come and join in the fun with songs and play time while networking with other caregivers. No registration is required but program space is limited to Caregivers only!

Day	Location	Time
Wednesday	410 Bronte St	9:15-12:00

Parenting Education and Resources

Come and visit our

Parent Resource Library

This supportive resource offers a selection of books, videos, tapes and articles on a range of topics related to parenting. Parent/Child Resource Kits are also available on loan for a small charge. These bags of reusable resources allow adults to explore specific topics with children.

Parent Educators are available to assist at scheduled times.

Hours: Monday to Friday, 9:00am to 4:30pm (Tuesday 9:00am to 7:00pm –fall to spring)

For more information call 905-876-1244, Sue at ext. 222.



Single Parents' Networking Group

Join us on the 3rd Wednesday evening of the month for a light meal followed by time for parents to discuss topics of interest, network and build upon their knowledge and skills. After the meal child care is available for children 0-6 years (and including older siblings) to allow for adult conversation.

Winter 2012: February 15th, March 21st, April 18th **Time:** 6:00p.m.-8:00p.m.

Cost: Cost covered by OEYC and Partners. Must pre-register for each session.

Location: MCRC, 410 Bronte Street South, Milton

Child Care: Limited spaces, must pre-register for each session.

Nutrition Fair

Providing parents and caregivers with the opportunity to browse a variety of displays, gather resources and learn about healthy eating. Samples and short information sessions included.

Date: Tuesday March 6th

Cost: No Charge

Location: MCRC, 410 Bronte Street South, Milton

Time: 4:00-6:30 p.m

Toileting 101

This workshop will examine the “before, during and after” of toilet learning and offer parents positive strategies to support their child’s learning.

Date: Tuesday March 20th

Cost: No Charge

Location: MCRC, 410 Bronte Street South, Milton

Time: 6:30-8:00 p.m

Joining our MCRC Facebook site gives members notification of upcoming sessions.

For further information or to register please call

905-876-1244, ex. 222 or email sueb@mcrc.on.ca



A Member Agency of the United Way of Milton



Family Resource Program (FRP)– fee for service

Family Resource Programs are funded through a yearly grant from the United Way of Milton and program user fees.

Volunteer Action Plan- You must have your family volunteer number listed on the registration form in order to register for programs. Participants in the volunteer action plan will include families participating in MCRC's Family Resource Programs (mandatory) Ontario Early Years Centre (optional). Why? MCRC implemented our volunteer action plan in order to maintain programming levels with an ever increasing registration list and a growing community. Our funding has not increased and demands for programming have increased.

How it works... Each family fills out the contact information and will pay a \$25.00 deposit (to be renewed for programs beginning September 1st each year). Payment can be made by cheque, debit, credit card or cash. Your deposit will be available at reception three weeks after completing your volunteer time or you may choose to donate your \$25 in lieu of volunteer time.

Check the Volunteer Board located in the Lobby for Volunteer options and tasks. Tasks may include purchasing program materials or making resources. Each task is rated in time allotments towards your hours of volunteer time.

How to Register For Family Resource Programs

- FRP programs are fee based, age specific and require registration.
- Our programs are for children newborn to six years of age.
- Registration runs from 9am to 4:15pm Monday to Friday and on Tuesday evenings until 6:45pm during the registration week. **(note: not open Tuesday evening in the summer).**
- Family Resource Programs are fee based and require a family volunteer number.
- Registration is on a **first come, first served basis and must be done in person, not emailed in.**
- Registration forms are available a week prior to the Registration Date on our website under *Early Years, Guide and Schedule*, but they cannot be submitted via email.
- You may register for one other family for any program other than Kids Konnection, which is your family only.
- See **Registration dates** on page 2.
- Please see Cancellation Policy regarding changes and refund requests.

Family Resource Programs Cancellation Policy

Refunds and change requests

A **\$25.00** administration fee is charged for all refund and change requests. Such changes can only be made before the deadline date. Check dates below.

Session # 4: Last day to make changes or withdraw from a program is Friday February 17th.

Session # 5: Last day to make changes or withdraw from a program is Friday April 20th.

No refunds or changes after these dates!!

All programs are located at the Main location at 410 Bronte Street unless otherwise noted.

Infant Programs (newborn to 12 months)

Infant Massage– registered

Newborn to pre-crawling
Join a Certified Infant Massage Instructor to learn the art of forming secure relationships through infant massage and techniques to improve baby's sleep and relieve gas and other symptoms of infant stress. This is a hands-on class, designed for you with your baby.

Day	Time	Weeks	Cost
Wednesday	1:00-2:00	4	\$55



Rock A Bye Babies- registered

6 to 12 months
This program will help develop your child's listening skills and sense of flow and beat through repetition. Our program introduces playful musical activities; bouncing and rocking songs, wiggle and peek-a-boo games, singing, dancing and moving. It stimulates musical interaction between child and parent/caregiver.

Day	Time	Weeks	Cost
Monday	1:30-2:30	6	\$52
Monday	3:00-4:00	6	\$52
Friday	9:30-10:30	6	\$52
Friday	11:00-12:00	6	\$52

Mom and Baby Zumba-registered

(This is a **Zumba®** Gold low impact class for Moms and Babies)

Ages: 8 weeks +

Need to exercise but want to party, AND have a baby? Come on out and dance with us knowing your baby is in a safe place - with you! Bring your baby and dance together to the rhythms of cumbia, salsa, belly-dancing and more! Mom, get your groove back in a fun, high-calorie burning Zumba party!

This program is taught by a certified Zumba Instructor.

You may sign up for multiple sessions if interested.



Equipment required:

- Running shoes (less tread the better)
- Water
- Front baby carrier (infant car seats are not permitted in the room for safety reasons)

Day	Time	Weeks	Cost
Tuesday	1:00-1:45	6	\$62
Wednesday	10:00-10:45	6	\$62
Wednesday	11:00-11:45	6	\$62

Infant Programs (newborn to 12 months)

Busy Fingers,

Busy Feet-registered

9 to 18 months

Join us for fun and exploration while we introduce developmentally appropriate sensory and motor activities for children and their parents/caregivers.

Day	Time	Weeks	Cost
Tuesday	9:30-10:45	7	\$65
Tuesday	2:00-3:15	7	\$65
Tuesday	5:30-6:45	7	\$65
Thursday	1:45-3:00	7	\$65

Rhythms and Rainbows-

registered

12 to 18 months

Let's explore the world of art and music by introducing different mediums with paint, a variety of music, and instruments. You and your child will use music as an inspiration while they create masterpieces and enjoy an active musical circle.

Day	Time	Weeks	Cost
Thursday	11:00-12:15	7	\$65



Baby Milestones-registered

2 to 6 months

While creating a scrapbook-like record of your little ones milestones, you will learn how to promote healthy development as your child starts to explore the world with all his/her senses. Guest speakers will discuss early literacy, ages and stages, as well as teach you 30 Baby Signs. This program will also offer you time to network with other parents of babies the same age.

Day	Time	Weeks	Cost
Wednesday	1:30-2:45	7	\$65

Messing Around-registered

18 to 24 months

Engage with your child in a preschool-type program with explorative, creative and sensory based activities. Pick up a paint brush and dip into a rainbow of colours and a world of shapes. Discover different textures through a variety of sensory activities and stimulate their senses through exciting experiences.

Day	Time	Weeks	Cost
Wednesday	9:15-10:30	7	\$65
Wednesday	11:00-12:15	7	\$65

New Program

Toddler Programs (12 to 30 months)
Preschool Programs (2 to 6 years)

Tale Time for Tots– registered

18 to 30 months

Encourage a love for books in your little ones with an active morning full of story stretchers, songs, fingerplays, props and creative activities. A typical class may consist of reading a book such as “Red Is Best” during Circle Time, and then keeping busy with activities related to the story, such as painting with red paint, splashing in red water, sorting and matching red items, etc. etc.!

(Younger siblings not yet crawling may join).

Day	Time	Weeks	Cost
Monday	11:15-12:15	6	\$52



Cooking up a Story-registered

2 to 4 years

Join us for weekly theme stories complemented by preparing a recipe. We will summarize each book, followed by a related activity, experiment or art project. Children will love hearing stories and eating recipes that correspond to the weekly story theme. The best of all worlds-reading, exploring with food and eating!

(younger siblings not yet crawling may attend)

Day	Time	Weeks	Cost
Thursday	9:30-11:00	7	\$76
Thursday	12:30-2:00	7	\$76

Kids Konnection-registered, on their own

2 to 6 years

Need some time for you? Our special program offers parents and caregivers time for themselves while their children have fun with our qualified staff creating crafts, painting and singing songs.

Register for all 8 weeks or just the ones that suit your needs. You may register for both days.

Day	Time	Cost per day
Tuesday	9:30 -12:00	\$19
Friday	9:30 –12:00	\$19



French For Young Children-registered

3 to 6 years

(Younger siblings not yet crawling may attend).

A program for families who are curious and interested in learning French as a second language. Children with their parents will enjoy this blend of educational free play and guided learning while learning French basics.

This class is led by a Francophone, certified Second Language Instructor.

Les enfants aimeront cet agencement de jeu libre éducatif et cet apprentissage dirigé du français élémentaire. De 3 à 6 ans. Les enfants et leurs parents sont bienvenus.

Day	Time	Weeks	Cost
Tuesday	4:00-5:00	7	\$72

Toddler Programs (12 to 30 months) Preschool Programs (2 to 6 years)

Discover Together-registered

2 to 6 years (younger sibling can come too!)

Join us for 12 weeks of exciting activities such as: creative, science, math and early literacy involving stories, songs and active movement. This small structured group experience encourages quality adult and child interaction in an age-appropriate, child-focused environment that enhances and promotes healthy child development.

Session 2: December 14th to March 7th

Registration has passed

Session 3: April 4th to June 20th

Registration: February 4th - 10th

Day	Time	Weeks	Cost
Wednesday	9:15-11:15	12	\$112
Wednesday	1:00-3:00	12	\$112

Shimmy & Shake-registered

3 to 5 years on their own!

Fun filled session of music and energetic movement. Children learn songs, games and activities to encourage creative movement.

Day	Time	Weeks	Cost
Thursday	11:30-12:30	7	\$65



Yogi ABC-registered

3 to 5 years on their own!

An introduction to yoga, adapted for pre-school children . Children will learn to focus and relax as well as become familiar with new vocabulary and concepts by integrating oral storytelling and yoga. It develops body awareness, language, good listening skills and inspires their imagination. They will learn through playing, singing, moving and imitating.

Day	Time	Weeks	Cost
Tuesday	4:00-5:00	7	\$65



Created in Discover Together

Morning		Monday	Tuesday	Wednesday	Thursday	Friday
Main location—410 Bronte Street	Timberlea Room	Adult & Child -Toddler Newborn to 30 months 9:15-10:30 Tale Time for Tots® 18 to 30 months 11:15-12:15	Busy Fingers, Busy Feet® 9 to 18 months 9:30-10:45	Messing Around® 18 to 24 months 9:15-10:30 or 11:00-12:15	Mother Goose® Newborn to 12 months 9:00-10:15 Rhythms & Rainbows® 12 to 18 months 11:00-12:15	Rock A Bye Babies® 6 to 12 months 9:30-10:30 or 11:00-12:00
	Dorset Park Room	Adult & Child Together Newborn to 6 years 9:15-12:00	Adult & Child Together Newborn to 6 years 9:15-12:00	Child Care Provider's Corner Newborn to 6 years 9:15-12:00	Adult & Child Together Newborn to 6 years 9:15-12:00	Adult & Child Together Newborn to 6 years 9:15-12:00
	Hawthorne Room		Kids Konnection® 2 to 6 years 9:30-12:00	Discover Together® 2 to 6 years 9:15-11:15	Cooking Up A Story® 2 to 4 years 9:30-11:00	Kids Konnection® 2 to 6 years 9:30-12:00
	Boehmer Room Bronte Room		Cruisin & Groovin® 16 to 24 months 9:15-10:00 Toddler Jumpin & Jammin® 25 to 36 months 10:15-11:15 Preschool Jumpin & Jammin® 3 to 5 years 11:30-12:30	Mom & Baby Zumba® 8 weeks and up 10:00-10:45 or 11:00-11:45	Cruisin & Groovin® 16 to 24 months 9:15-10:00 Toddler Jumpin & Jammin® 25 to 36 months 10:15-11:15 Shimmy & Shake® 3 to 5 years on their own 11:30-12:30	
Satellite locations -Campbellville -White Oaks Plaza	Mother Goose® Newborn to 12 months 9:15-10:30 (Lumen Christi School)	Adult & Child Together Newborn to 6 years 9:30-11:30 (Campbellville)		Adult & Child Together Newborn to 6 years 9:30-11:30 (Campbellville)		
Main location	Afternoon Timberlea Room	Adult & Child -Toddler Newborn to 30 months 1:15-2:30 My Baby & Me Newborn to 12 months 2:30-3:30	Busy Fingers, Busy Feet® 9 to 18 months 2:00-3:15	Baby Milestones® 2 to 6 months 1:30-2:45	Busy Fingers, Busy Feet® 9 to 18 months 1:45-3:00	
	Dorset Park Room	Adult & Child Together Newborn to 6 years 1:30-4:00	Calling New Parents Infants under 6 months 1:30-3:30	Adult & Child Together Newborn to 6 years 1:30-4:00	Calling New Parents Infants under 6 months 1:30-3:30	
	Hawthorne Room	Rock A Bye Babies® 6 to 12 months 1:30-2:30 or 3:00-4:00	French For Young Children® 3 to 6 years 4:00-5:00	Discover Together® 2 to 6 years 1:00-3:00	Cooking Up A Story® 2 to 4 years 12:30-2:00 Mother Goose® Newborn to 12 months 3:00-4:15	
	Boehmer Room Bronte Room	Mother Goose® Newborn to 12 months 1:30-2:45	Mom & Baby Zumba® 8 weeks and up 1:00-1:45 Yogi ABC® 3 to 5 years on their own 4:00-5:00	Infant Massage® Newborn to pre-crawling 1:00-2:00		
Main	Satellite location -Bruce Trail ELCC -Premier Fitness		Mother Goose® Newborn to 12 months 1:00-2:15 (Bruce Trail ELCC)	<div style="border: 1px dashed black; padding: 5px;"> <p>Ontario Early Years Programs are indicated in blue and have no fee.</p> <p>® Requires lottery registration</p> <p>Drop In programs are indicated in green and no registration is required.</p> <p>Family Resource Programs, are indicated in purple, have a fee and require ® registration and family volunteer #.</p> </div>		Mother Goose® Newborn to 12 months 1:00-2:15 (Premier Fitness)
	Evening Timberlea Room		Busy Fingers, Busy Feet® 9 to 18 months 5:30-6:45			

Locations

Main Location:

410 Bronte Street South
 Milton, ON
 L9T 0H8
 905-876-1244 ext. 210
 Fax: 905-876-1273
 www.mcrc.on.ca



Satellite locations:

Campbellville Lions Hall

42 Main Street South
 Campbellville, ON

Lumen Christi Catholic School

841 Salvoline Blvd.
 Milton, ON

P.L. Robertson Public School

840 Scott Blvd
 Milton, ON
 (park and enter on south side of school)

Premier Fitness (Mademoiselle Spa Studio)

1117 Maple Ave,
 Milton, ON

White Oaks Plaza

327 Bronte St S at Heslop Rd.
 (meet at the south west corner of the parking lot)

Outreach locations:

Bruce Trail Early Learning and Child Care Centre

1199 Costigan Rd
 In the Bruce Trail Public School
 Milton, ON

For more information about Ontario Early Years Programs in the Georgetown and Acton area call: 905-873-2960



Be active, more often



MCRC is on Facebook!

Join our group to be notified about program updates, upcoming events, registration dates and other important information. Find us by entering "MCRC-Milton Community Resource Centre" in the search box. Then click on "join this group"



QR Codes Save Trees

If you have an application on an Iphone, Ipod touch or Blackberry to read QR codes you can scan this code to access our website



Inclement Weather & Closures:
 Ontario Early Years/Family Resource Programs will close if the **Halton District School Board** closes the schools in the area due to weather conditions. You can check their website for up-to-date information at www.hdsb.ca, listen to your local radio station or watch CHCH television station. We will leave a message after 8 am at our reception at: 905-876-1244 ext. 210