

## Parent Resources

### Parent Resource Library

This supportive resource offers a selection of books, videos, tapes & articles on a range of topics related to parenting. Parent/Child Resource Kits are also available on loan for a small charge. These bags of reusable resources allow adults to explore specific topics with children. Parent Educators are available to assist at scheduled times.

**Hours:** Mon. - Fri. 9:00a.m. - 4:30p.m. (Tue. 9:00a.m. - 7:00p.m.)

### Public Health Nurse Visits

Once a month a Public Health Nurse with the Child Health Program, Region of Halton will be on-site to share information & resources through formal & informal consultation. This is a great opportunity to ask questions & chat!

**Dates:** TBA. **Time:** 9:30a.m. - 11:30a.m.

Call 905-876-1244, ex. 222 for further information.

### Speech & Language Questions?

Once a month a Speech-Language Pathologist with ErinoakKids will be on site to provide half hour consultations regarding your child's speech & language & to share information and resources. For children 0 – 5 years. By appointment. 905-876-1244, ex. 210.

### D.E.I.P.P. Clinic (Milton)

(Developmental Early Identification & Prevention Program)

**Date:** October 16th (Saturday) & December 6th (Monday)

**Time:** 9:15a.m. – 11:15a.m.

Designed for families with children newborn to 5 years, DEIPP offers a 15 minute consultation with professionals from: Speech, Hearing, Behaviour, Preschool & Infant Development. No appointment necessary. First come, first served. (Please note, if your child is in school or already on the waiting list for any of the above services you will not be seen at this time.) For further information call the Clinic Coordinator at 905-825-6000, ext. 2531.

Ontario Early Years Centre / Milton Community Resource Centre  
410 Bronte Street South, Milton, ON L9T 0H8.  
Ph. 905-876-1244 / www.mcrc.on.ca

MCRC is now on Facebook! Find us by entering "MCRC-Milton Community Resource Centre" in the search box.



Ontario Early Years, North Halton  
Milton Community Resource Centre

## Parent Education & Resources



Networking Groups  
Parenting Series  
D.E.I.P.P. Screening Clinics  
Speech & Language Resources  
...and more

*Registration starts the week of  
August 9th*

Unless otherwise stated, registration is 1st come 1st served.

## Parenting Series

### Positive Parenting PLUS

An 8-session parenting series incorporating Positive Parenting Program (Triple P)\* material with networking opportunities and guest speakers.

**Start Date:** September 27th (Monday)

**Time:** 9:45a.m. - 11:45a.m.

**Fee:** Cost covered by sponsoring organizations.

**Child Care:** Limited child care for children 15 months - 6 years with a refundable deposit. Pre-registration is required.

\* Triple P helps parents improve their relationship with their child, deal effectively with problem behaviour and teach positive social skills.



### Right From the Start



An 8-session parenting series, for parents of children 0 - 24 months. Group leaders guide parents, using methods shown to be effective in reducing parenting stress and improving parent/child relationships. This parenting series helps parents understand, interpret and respond to their baby's cues.

**Start Date:** October 12th (Tuesday)

**Time:** 6:00p.m. - 8:00p.m.

**Fee:** Costs covered by sponsoring organizations

**Child Care:** Limited child care for children newborn to 6. A refundable deposit is required. Pre-registration is required.

## Networking Groups

### With My Baby

An 8-session networking series offering parents of infants not yet fully mobile the opportunity to get together, share and hear guest speakers address topics related to family, children and personal issues.

**Start Date:** September 29th (Wednesday)

**Time:** 10:00a.m. - 11:30a.m.

**Fee:** Cost covered by OEYC. Registration is required.



### Single Parent's Networking Group

Join us on the 4th Wednesday evening of the month for a light meal with your children followed by time for parents to discuss topics of interest, network and build upon their knowledge and skills. (Child care is available after the meal to allow for adult conversation.)

**Fall 2010 Dates:** Sept. 22nd, Oct. 27th & Nov. 24th.

**Time:** 6:00p.m. - 8:00p.m.

**Fee:** Costs covered by OEYC. Must pre-register.

**Child Care:** Limited spaces. Must pre-register.



## Special Events

### Dads & Kids Activities



Three special topical Saturday morning sessions for dads and their kids (2 to 6 years old) to play and learn together. Light refreshments are included. Participate in one, two or all three sessions. Space is limited. Pre-registration for each session is required.

**Theme/Date:**

*Dad & Me - Join The Band* (music/movement) - October 2nd

*Dad & Me - 1, 2, 3* (numeracy) – November 6th

*Dad & Me - Building* (construction) – Dec 4th

**Time:** 10:00 – 11:30a.m.

**Fee:** Funded by a grant from Father Involvement Initiative - Ontario Network (FII-ON)

## Resource Personnel

### Parent Educators

At scheduled times parent educators are available to chat and refer clients to resources on an informal, drop-in basis. For further information call 905-876-1244, Sue: ext. 222, or Danielle: ext. 239.

